



# REVIEWS

## BOOKS

Reviewed by Ruth Parnell

### EVERYTHING IS UNDER CONTROL Conspiracies, Cults and Cover-ups by Robert Anton Wilson with Miriam Joan Hill

Publisher: HarperPerennial, USA, 1998  
ISBN: 0-06-273417-2 (435pp tpb)  
Price: AUD\$32.95; £12.95; NLGfn/a;  
USD\$15.00; CAD\$22.00

Available: **Aust**—HarperCollins (June 1999); **UK/USA**—HarperCollins;

**Europe**—Contact NEXUS office

Anyone who thinks conspiracy theories contain only paranoid fantasy should remember that governments take conspiracies seriously enough to have laws against them and agencies to hunt them down. So Robert Anton Wilson reminds us in the introduction to his ironically titled hand-book, *Everything is Under Control*.

Wilson is famed and still hounded as co-author (with the late Robert Shea) of that monumental occult/conspiracy parody, the *Illuminatus!* trilogy (1975)—the inspiration if not making of many a conspiracy theorist.

Here, Wilson applies the sharp wit and philosophical perspective for which he's renowned in this A to Z selection of conspiracies and conspirators—some well known, others you've never heard of; some deadly serious, others completely wacko. He touches on mysteries both ancient (Egyptian Freemasonry) and modern (the death of Princess Diana), as well as the secretive (Illuminati, Bilderbergers), the cultish (Heaven's Gate), the Machiavellian (Kissinger), the ufological (the Xists from

Planet X) and the unexplained (Mothmen).

Entries are in alphabetical order and are cross-referenced to other entries as well as reading lists and relevant websites. With no more than two pages per entry, the coverage on most subjects is all too brief, and there is no easy-find index. But *Everything Is Under Control* serves its purpose by taking the reader on a whirlwind tour of the vast body of conspiracy information out there.

### VOYAGE BEYOND DOUBT

by Bruce Moen

Publisher: Hampton Roads, USA, 1998

ISBN: 1-57174-1012-1 (304pp tpb)

Price: AUD\$29.95; NZD\$38.95; £11.99;  
NLGfn/a; USD\$13.95

Available: **Aust**—Gemcraft, tel (03) 9888 0111; **NZ**—Peaceful Living Publications,

tel (07) 571 8105; **UK**—Airlift Book Company, tel 0181 804 0400; **Europe**—NEXUS office; **USA**—Hampton Roads, tel (804) 296 2772, fax (804) 296 5096;

**Canada**—Dempsey, tel (604) 708 1081

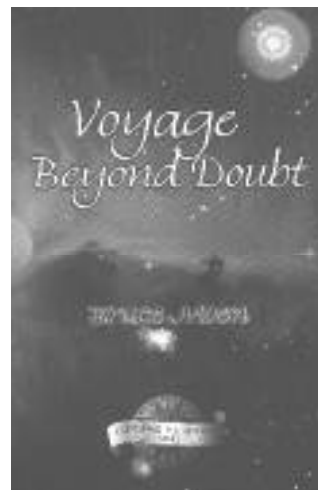
In *Voyage Beyond Doubt*, the second book in his Exploring the Afterlife series, Bruce Moen continues his journeys into nonphysical realms of existence. With good humour, honesty and humility he shares the knowledge gleaned from 'going it alone' and confronting the limits imposed on his perceptions by certain core but erroneous beliefs.

In many of his travels, Moen is joined by Rebecca, a "mysterious teacher" and experienced explorer of the afterlife. Though they live 1,500 miles apart, they'd phone each other the day after their out-of-body journeys to compare notes—an activity that Moen found very helpful in coming to terms with his doubt, despite all the evidence for the existence of nonphysical reality.

Moen takes us on a rollercoaster ride with stopovers in the strange intermediate world of Dichotomyland, in the various focus levels 23 to 27—occupied by people in stages from unawareness or denial to being blinded by an afterlife belief system—and in many soul-retrieval and ghost-busting situations.

A student of The Monroe Institute, Moen claims to have had contact with the now-deceased Robert Monroe from beyond—from where Monroe has been pushing him to write his books! The next two titles chart his next amazing phase of discovery via the Monroe Institute's Exploration 27 program.

Moen encourages the curious to learn to use the imagination as a communication tool. But, knowing that to enter unexplored realms consciously may require confronting and overcoming those ideas which block our true perceptions of self and reality, he advises on how we can change or eliminate old, outdated and unworkable beliefs.



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### NATURE AS TEACHER

by Viktor Schaubberger

(translated & edited by Callum Coats)

Publisher: Gateway Books, UK, 1998

ISBN: 1-85860-056-1 (185pp tpb)

Price: AUD\$34.95; NZD\$51.95; £10.95;

NLGfn/a; USD\$15.95

Available: **Australia**—Banyan Tree Book

Distributors, tel (08) 8363 4244;

**Aust/NZ/UK/Europe**— NEXUS offices;

**NZ**—Peaceful Living, tel (07) 571 8105;

**USA**—Access Publishers Network, tel

1800 345 0096; Adventures Unlimited,

tel (815) 253 6390, fax (815) 253 6300

It's always interesting to get feedback from readers on what we publish in NEXUS—that this or that author/inventor/article/book has made a difference in someone's life. We hear from many who have found inspiration in Viktor Schaubberger's descriptions of Nature's energies and balances, and they will treasure this latest compilation.

Titled *Nature as Teacher*, this is the second volume in translator/editor Callum Coats' Eco-Technology series. Together with *The Water Wizard*, a collection of Schaubberger's writings on his water research, it is an important adjunct to Coats' *Living Energies*, about the life, times and inventions of the Austrian genius inventor.

Schaubberger (1885–1958) was an environmentalist ahead of his time. Here, in these extracts from his writings, papers, magazine articles and correspondence, he shares his insights into our choices: on the one hand, environmental catastrophe and social devastation; on the other, practical solutions like

free-energy devices which harness the magical processes of Nature. The section on the centrifugal and centripetal dynamics of the egg form is especially enthralling.

These extracts really are essential reading for anyone concerned about how our vital natural cycles have been harmed, if not destroyed, by modern technology and ignorant practices. Through the first half of the 20th century Viktor Schaubberger voiced his concern for humanity's predicament and despaired at mainstream science's blindness to Nature, our greatest teacher. But of course, reading about it is not enough...

### THE MONTAUK FILES: Unearthing the Phoenix Conspiracy

by K. B. Wells, Jr

Publisher: New Falcon, USA, 1998

ISBN: 1-56184-134-X (192pp tpb)

Price: AUD\$29.95; AUD\$37.00 airmail to

NZ; £12.99; NLGfn/a; USD\$14.95

Available: **Aust/NZ**—Boobook Publishers,

PO Box 163, Tea Gardens NSW 2324,

Australia, tel (02) 4997 0811, fax (02)

4997 1089; **UK**—Airlift Book Company,

tel 0181 804 0400; **Europe**—NEXUS

office, tel +31 (0)321 380558; **USA**—New

Falcon Publications, 1739 East Broadway

Road #1-277, Tempe, AZ 85282, website

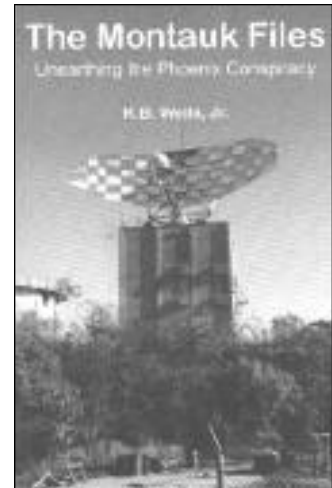
www.newfalcon.com

The so-called Montauk Project and its links with the Philadelphia Experiment and *Phoenix Project* have captured the imaginations of conspiracy theorists since Al Bielek and Preston Nicholls first made their startling revelations in the late 1980s.

Now, conspiracy researcher/psychic K. B. Wells has put in three years of investigation for his book, *The Montauk Files*. He covers

some of the same ground that Nicholls and Peter Moon did in their *Montauk* books but expands with new evidence. His rendition has a detailed map of the Air Force Station at Montauk Point on the eastern tip of Long Island, USA, and more exterior and interior b&w photos of buildings, bunkers and the antenna array at the site. He, too, claims that despite its deserted appearance the base, with its underground installations, may still be operational, at least from time to time.

Wells explains how the 1943 Philadelphia Experiment in radar invisibility became intertwined with the early 1940s *Phoenix Project* in weather modification based on Reich's orgone energy technology. He claims that the same Illuminati factions behind these projects used the ley-line-crossed Montauk base as an extension of their *MKULTRA* mind-control experiments—with the Montauk radar antenna used as a thought amplifier and gifted





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psychics as guinea pigs (until they rebelled).

While so much of what went on at Montauk is classified beyond FOIA access (we're talking time travel to Mars, space/time portals, alien technology), we have to be content with whatever pieces of the puzzle can be identified. Wells does a worthy job, but, as he admits, the picture is much bigger than we can yet know.

### THE LAST POPE: The Prophecies of St Malachy for the New Millennium by John Hogue

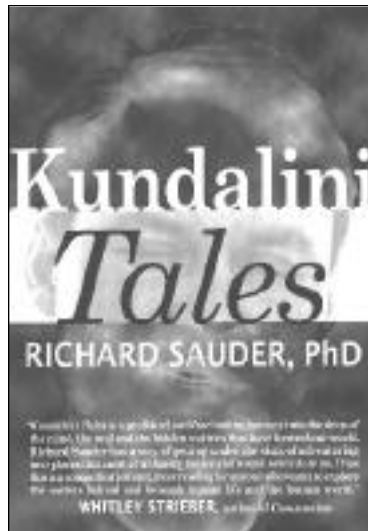
Publisher: Element, UK, USA, 1998  
ISBN: 1-86204-202-0 (405pp hc)  
Price: AUD\$39.95; NZD\$49.95; £16.99;  
NLGfn/a; USD\$24.95; CAD\$34.99  
Available: **Aust/NZ**—Penguin; **UK**—Element Books, tel (0747) 85 1339;  
**Europe**—NEXUS office; **USA**—Element Books, tel (617) 915 9400

The prophecies of the 12th century Irish bishop and mystic, St Malachy, were spirited away by the Catholic Church of the day to languish in the Vatican archives until their accidental discovery by a Benedictine historian in the 1590s. The storm caused by their release was a challenge to Church authority. The prophecies, reportedly received by St Malachy atop a hilltop outside Rome one night in 1140, comprise 111 Latin phrases summarising the reigns of all the succeeding popes from 1143, with a coda foretelling the demise of the Church and the destruction of Rome.

For *The Last Pope*, John Hogue (author of several books on Nostradamus and millennial prophecy) has assembled the complete

prophecies of St Malachy—the first time they've been in print in English this century. Hogue adds substantive commentary on St Malachy's life and times and, with each entry, intersperses fascinating historical detail about the popes. In relevant entries he includes prophecies from St Malachy's contemporaries St Hildegard and Joachim de Fiore, from Nostradamus and also from Mary at Fátima and Garabandal.

According to St Malachy, there are tribulations ahead from now on in the form of wars, famines and disasters. And it seems that after John Paul II there may only be two popes to go—the next possibly Jewish, and the last, Peter of Rome, who will sit during "the last persecution of the Holy Roman Church". And all of this may happen within the next 20 years. This is not what the Catholic Church wants us to read!



### KUNDALINI TALES

by Richard Sauder, PhD

Publisher: Adventures Unlimited, 1998  
ISBN: 0-932813-61-5 (212pp tpb)  
Price: AUD\$28.00; NZD\$12.95; £12.95;  
NLGfn/a; USD\$14.95 + p&h  
Available: **Aust/NZ/UK/Europe**—NEXUS offices; **USA**—Adventures Unlimited, PO Box 74, Kempton, IL 60946, tel (815) 253 6390, fax (815) 253 6300

This is a surprising and intriguing second book from Richard Sauder, PhD (author of *Underground Bases and Tunnels*). *Kundalini Tales* is a record of his personal forays into multidimensional reality and his encounters with those authorities who "fear the power of creative life energy" (and who imprisoned him twice for his non-violent anti-nuclear protesting in the 1980s).

To Sauder, the truth is "in here", not "out there". His explorations include spontaneous spiritual awakenings, kundalini highs and lows, out-of-body experiences, encounters with otherworldly beings, and hearing of voices in both naturally and artificially induced states of consciousness. Yet he has had to question whether all his "in here" experiences were artificial.

Sauder analyses a selection of patents describing mental monitoring and mind-alteration technology, and he reprints them in full in the appendix. However, he strongly objects to military/intelligence agencies having the will and the means to electronically induce OOB and kundalini states and to control remotely the minds and behaviours of individuals.

While Sauder warns of the numerous dangers for the 'uninitiated' in handling the kundalini force, his metaphysical glimpses are strangely enticing.

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### QUEST FOR TRUTH: 100 Insights That Could Change Your Life sourced by Darryl Anka, edited by Steve Meyers

Publisher: Nobul Press, USA, 1997  
ISBN: 0-9656078-1-X (258pp tpb)  
Price: USD\$22.95 + 5% tax (Iowa) + \$1.75 (surface) or \$4.00 (priority) in USA; foreign orders add USD\$6.00  
Available: **USA**—Nobul Press, PO Box 286, Iowa City, Iowa 52240, tel 1800 315 4510 (toll free in USA), fax (319) 338 1465, website [www.bashar.com](http://www.bashar.com)

Many people are understandably sceptical about the value of channelled communications. So, too, was Steve Meyers (the editor of this book, *Quest for Truth*) until in 1985 he first encountered Bashar as channelled by Darryl Anka.

Meyers was impressed with the level of intelligence and integrity exhibited, the insightful responses given to even ordinary questions, and the expansive philosophy and perspectives presented.

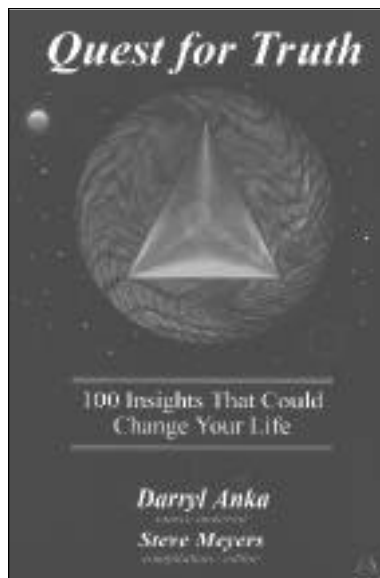
Whatever the truth about Anka's claims to have an extraterrestrial intelligence speaking through him, to Meyers this matters not. What is important is not where the ideas come from (indeed, how can we really account for the source of our 'own' ideas?), but the messages themselves. In other words, rather than 'shoot the messenger', let's check out the message.

And this compilation of insights and actionable advice from Anka's/Bashar's self-empowerment seminars may well change your life, as the subtitle suggests. Its pur-

pose is to show how we can become open to the beliefs, fears and behavioural patterns which actually limit our freedom in life.

It's about how we can integrate new patterns and ways of thinking for accessing greater creative expression, attracting abundance, transforming relationships, improving health, and even achieving a greater understanding of death and dying.

The book's central message is that we *can* create the kind of reality we really, really want, but to achieve this we need to act upon whatever excites us the most at any given moment! As for the consequences of such creative manifestation, this is another matter entirely. Meyer's advice is to take from this book what grabs you the most—an unbiased attitude if ever there was one.



### CONVERSATIONS WITH ANIMALS by Lydia Hiby with Bonnie Weintraub

Publisher: NewSage Press, USA, 1998  
ISBN: 0-939165-33-3 (195pp sc)  
Price: £11.95; NLGfn/a; USD\$12.95  
Available: **UK**—NEXUS office, tel 01342 322854; **Europe**—NEXUS office; **USA**—NewSage Press, PO Box 607, Troutdale, OR 97060-0607, tel (503) 695 2211, fax (503) 695 5406, website [www.teleport.com/~newsage](http://www.teleport.com/~newsage); **Canada**—Publishers Group West, tel (416) 934 9900

If you were ever in doubt that it's possible to talk with the animals, then this book will dispel your scepticism. *Conversations with Animals* is the story of animal communicator/psychic Lydia Hiby, told in collaboration with client-turned-friend Bonnie Weintraub. Hiby has a natural talent for communicating with animals and refined her skills under the tutelage of animal psychic Beatrice Lydecker in California.

Hiby uses a form of communication called "picture talking", where questions can be put to animals verbally but, most importantly, with images. And because most animals are actually keen to communicate, they are able to answer specific questions so that the open-minded human questioner can receive the answer in pictures or feel the specific emotions being sent or smell the favourite food being described! All the senses are employed in this creative communication process—one we are familiar with as babies before we develop language skills.

The stories in *Conversations with Animals* are all part of Hiby's lifetime of helping animals, and many are deeply touching: the depressed horse grieving for his owner who had died two days earlier, though no one had told him; the cat, having a CAT-scan due to



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pregnancy complications, demanding to know if one of her kittens had died (it had); and the family dog concerned about his teenage charges' pot-smoking.

Hiby says we can all learn how to converse with our dogs, cats, horses, birds and pet iguanas, and she advises on techniques, processes and provisos that will change how you relate to your animal friends.

### **DAY OF DESTINY: Where will you be August 13, 1999?**

by John Mini

Publisher: Trans-Hyperborean Institute of Science (THIS), USA, 1998

ISBN: 0-9657825-8-1 (350pp tpb)

Price: USD\$14.95 + p&h

Available: USA—THIS, PO Box 2344, Sausalito, CA 94966, tel (415) 389 1764, fax (415) 389 6790, website <http://day-ofdestiny.com>

**P**redictions abound as to what may befall humanity and our planet Earth in July/August 1999. Nostradamus prophesied the return of the "king of terror from the sky" in July, and astrologers point to the date of August 11 as being the last solar eclipse of the 20th century. The chart for that day contains an archetypal grand cross of planets in the fixed zodiac signs—a portent of earthquakes, political turmoil, financial meltdown, or perhaps all of these and more.

According to John Mini in *Day of Destiny*, at the apex of the Aztec Sun Calendar is the glyph for the 13 Cane, which he claims can be translated into our system as the date August 13, 1999. This date signifies to the Aztecs a transformational point between

worlds, something of enormous significance not just for their culture but for the world at large. To try to make sense of it, Mini takes us on a journey into Aztec teachings on the nature of space/time, of cycles and motion, of chaos and balance, of the underlying dynamic principles and forms encoded in the calendar. The Aztecs foresaw that their own empire would fall on August 13, 1521—so, Mini asks, why shouldn't we give some credence to this August 13, 1999 date if they've been right before?

A complementary medical practitioner, Mini includes a variety of physical and mental transformation exercises to help us adapt to our ever-changing times with vitality and to connect with the universal purpose and consciousness as the Aztecs did.



### **THE GODS, GEMINI, AND THE GREAT PYRAMID**

by James Bowles

Publisher: Gemini Books, USA, 1998

ISBN: 0-9666371-1-9 (277pp tpb)

Price: USD\$16.00 + USD\$2.00 p&h in US or USD\$4.00 p&h elsewhere

Distributor: USA—Gemini Books, PO Box 648, Grass Lake, Michigan 49240-0648, tel (877) 243 6464, 1-877-2GEMINI (toll-free in US), e-mail [gemini@dmci.net](mailto:gemini@dmci.net)

**T**o the irritation of academia, advances in knowledge often come from thinkers with a nuts-and-bolts grasp of the way the world works. One from that mould is James Bowles, a retired engineer/physics teacher (among other achievements), who, in *The Gods, Gemini, and the Great Pyramid*, proposes the Rotational-Bending (RB) Effect to explain the natural forces that inevitably cause the Earth's crust to bend and break as a function of combined internal stresses and constant planetary rotation. (See two-part article by Richard Noone starting this issue.)

Bowles, who has also had a lifelong interest in the Earth sciences, began research for his book to find a solution to Prof. Charles Hapgood's unanswered questions on the mechanics of the Earth's shifting crust. But not only has he found evidence of past catastrophes and erratic planetary rotation in the geological record, he has also found a rich chronicle that tells of when the North Pole was in Alaska, when Egypt and Peru were both on the equator, and when the Sphinx faced due east—a grand terrestrial triangle relationship, important for our understanding of the antediluvian world.

Bowles has identified links between the Great Pyramid geometry, the messages of the ancient Egyptian *Pyramid Texts*, the

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'master plan' encoded in the 12 zodiacal constellations, and the enigmatic pictograms of Peru's Nasca Plateau.

Bowles' description of the RB-Effect is worthy of a book on its own; but his other discoveries, including a valiant attempt at a unified theory of everything, are intriguing.

### THE VEDIC PROPHECIES: A New Look into the Future

by Stephen Knapp

Publisher: World Relief Network, 1998

ISBN: 0-9617410-4-X (235pp tpb)

Price: £11.99; USD\$14.95 + p&h

Available: **UK**—NEXUS office;

**USA**—The World Relief Network, PO Box 15082, Detroit, Michigan 48215-0082, tel (313) 331 3190

For insights into the near future and the far distant future (even to the destruction of the Universe!), the Vedic literature, going back at least 5,000 years in written form, contains a wealth of data. For this book, author Stephen Knapp, a devotee of the Indian spiritual tradition for the last 25 years, has painstakingly explored the Vedic writings for prophecy-related references. Interwoven through his scholarly commentary are extracts from the *Rig*, *Yajur*, *Sama* and *Atharva Vedas*, appendices such as the *Upanishads*, and supplemental texts like the *Mahabharata*, the *Bhagavad-gita* and the *Puranas*. Included are prophecies that have already been fulfilled, e.g., the incarnations of Jesus Christ and Mohammed.

One prophecy from the *Bhavishya Purana* points to the likelihood of a "great war of wars" that could change the map of the

world near 1999, and of the Earth being struck by an global magnitude event, involving pole shifts, tsunamis and earthquakes, that could begin in May 2000. Uncannily, the date of May 5, 2000 has been singled out by Richard Noone for a significant alignment of certain planets and a cosmic event which may trigger a pole shift!

Knapp puts these Vedic prophecies into context by including commentary and b&w photographs of his travels through major holy places in western and southern India.

### THE ULTIMATE TIME MACHINE

by Joseph McMoneagle

Publisher: Hampton Roads, USA, 1998

ISBN: 1-57174-102-X (290pp tpb)

Price: AUD\$27.95; NZD\$35.95; £10.99;

NLGfn/a; USD\$12.95

Available: **Aust**—Gemcraft, tel (03) 9888

0111; **NZ**—Peaceful Living, tel (07) 571

8105; **UK**—Airlift Book Co., tel 0181 804

0400; **Europe**—Contact NEXUS office;

**USA**—Hampton Roads, tel (804) 296

2772, 1800 766 8009, fax (804) 296 5096;

**Canada**—Dempsey, tel (604) 708 1081

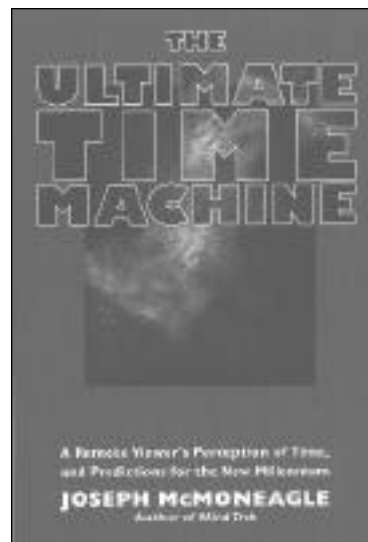
Joseph McMoneagle was one of the select few trained as remote viewers when US Army Intelligence began its first psy-spying program, *Grillflame*, in 1978 (taken over by the Defense Intelligence Agency in the late 1980s as *Sun Streak* and, later, *Stargate*).

McMoneagle worked on the program until late 1984 when he retired from the military, but he is still involved in intelligence and independent research in remote viewing.

Following on from *Mind Trek*, in his second book, *The Ultimate Time Machine*, McMoneagle gives a rundown of *Stargate* remote viewing (RV) protocols, cautions and myths. He presents a fascinating per-

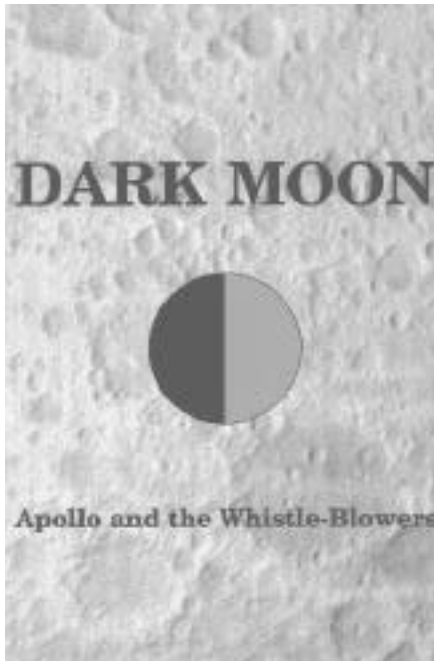
spective on the nature of time and reality, with recourse to his explorations into what we consensually regard as the past, present and future. He recounts some surprising examples of 'historical viewing', e.g., a meeting with Jesus Christ during a Robert Monroe consciousness lab experiment, and a slightly different twist on the JFK assassination. And he considers the ethical implications of using RV to 'violate' the future and set up cognitive communication loops where we can remote-view an event and send the data to ourselves in the past!

McMoneagle devotes half of this book to his predictions for the next hundred years in terms of population, economics, environment (including natural disasters), government, law and order, society, education, technology and much more.





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## **DARK MOON: Apollo and the Whistle-Blowers**

by **Mary Bennett and David S. Percy**

Publisher: Aulis Publishers, UK, 1999

ISBN: 1-898541-108 (568pp hc)

Price: £16.99 + p&h

Available: **UK**—Aulis Publishers, 20 Paul St, Frome, Somerset BA11 1DX, tel 01373 451777; NEXUS office, tel 01342 322854

The idea that NASA's *Apollo* program astronauts never made it to the Moon has been around since the 1969 *Apollo 11* mission. This latest addition to the conspiracy literature is *Dark Moon*, by two English authors—Mary Bennett, a researcher/writer/translator specialising in esoteric knowledge, and David Percy, an award-winning film/TV producer/cameraman. Together they bring new perspectives and much more nagging evidence to bear on this big question, e.g., from interviews with Kodak and Hasselblad personnel who supplied equipment and technical support to the missions.

While not saying that US astronauts never went to the Moon, they do believe from their extensive analysis of *Apollo* photos, videotape and sound recordings that what we saw and heard of those Moon landings was deliberately faked in a studio, probably not too far from Houston mission control.

The authors conclude that the inconsistencies were put there by NASA 'whistleblowers' so that they *would* be noticed by observant researchers. They point out the astrophysical anomalies, radiation difficulties, lunar soil/rock sample dating contradictions that NASA has never satisfactorily

explained and that support the case for a massive cover-up. In trying to pinpoint the ultimate agenda, they look at the influence of ex-Nazi rocket scientists in the US space program, top-level complicity with the USSR during the Cold War, and the 1947 Roswell incident—set up, the authors argue, by the US military in one area as a hoax, and by ETs in another area as a message!

Bennett and Percy also consider Mars mission anomalies, geometric correspondences between natural forms on Mars and pyramids on Earth, Stonehenge as a gravitron drive blueprint, and the 1991 'Keys' crop glyph as a code for the three speeds of light: solar, interstellar and intergalactic!

Full of facts, figures, photos, maps, charts, boxes with clever asides, plus plenty of wild speculation, *Dark Moon* is a worth a visit.

## **THE DEVIL'S RAINBOW: Conscripts, Chemicals, Catastrophe**

by **Jean R. Williams**

Publisher: Homecoming, Australia, 1998

ISBN: 0-646-36454-5 (300pp tpb)

Price: AUD\$24.95; AUD\$7.00 airmail to NZ; AUD\$10.00 airmail elsewhere

Available: **Australia**—Bookshops; or Homecoming Publications, 186 Coes Creek Road, Nambour Qld 4560, tel +61 (0)7 5441 1753, e-mail [williams@coastnet.net.au](mailto:williams@coastnet.net.au)

This third book from Vietnam War veterans activist Jean Williams continues the theme of *Cry in the Wilderness* (see review, 3/05). In *The Devil's Rainbow*, Williams recounts more stories from Australian and New Zealand servicemen who are fighting for justice and recognition that their parlous states of health (and those of their children) are due to their close contact with a cocktail of chemical defoliants, insecticides and malarial drugs during the Vietnam War. The "devil's rainbow"—the toxic chemical agents made by companies like Monsanto and delivered in drums with bands of white, pink, orange, green, blue and purple for Operation *Hades*, later *Ranch Hand*—ultimately destroyed more than the lives and livelihoods of the Vietnamese people.

Jean Williams has become something of a mother figure to a host of surviving veterans who seek support, a sympathetic ear, and advice on where to turn. Tragically, many of these vets are too ill and broke even to fight for their rights. Those who can are working to overturn the 1985 report of the Evatt Royal Commission into the use of herbicides and pesticides in Vietnam, which was based on scientific data that has since been considerably revised. Moreover, classified government and military documents on biological, chemical and nuclear

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research, policy and combat operations in South East Asia were not available for the Royal Commission—nor are they accessible to veterans now "for security reasons".

Williams has compiled scientific reports, medical case studies, official documents, statistics, photos and poems for her book. While the text could have been better edited (I'm assured it will be for the second edition), the veterans' stories have a profoundly heartbreaking, gut-wrenching impact.

## THE GATE OF PARADISE: Secrets of Andean Shamanism

by Chamalú (Luis Espinoza)

Publisher: Gateway Books, UK, 1998

ISBN: 1-85860-043-X (152pp tpb)

Price: AUD\$31.95; NZD\$47.95; £9.95; NLGfn/a; USD\$14.95

Available: **Australia**—Banyan Tree Book Distributors, tel (08) 8363 4244; **NZ**—Peaceful Living, tel (07) 571 8105; **UK**—Gateway Books, tel 01225 835127; Airlift Book Co., tel 0181 804 0400; **Europe**—NEXUS office; **USA**—Gateway Books, tel (707) 566 8006; Access Publishers Network, tel 1800 345 0096

Great secrets are often clothed in simple terms; in fact, they are the essence of simplicity. So, to read this book with the intent of coming away fully versed in the rituals of Andean shamanism is to miss the point. What *is* important to glean from Chamalú's book, *The Gate of Paradise*, is that it *is* possible to live life to the full, with open heart in harmony with Nature and the Universe (*Pachamama* in Chamalú's Quechuan Indian language). You don't have to be born in the Andes to appreciate the power of silence and love: this understanding is not the exclusive realm of shamans, though they can certainly help on the path.

Chamalú (Luis Espinoza) was trained in traditional practices of the Andean shamans and has founded a mountain community in his native Bolivia that attracts international interest as a centre for healing, initiation and ecological education. He has also established the *Pachamama* movement to disseminate information on the ancient shamanic art and wisdom—teachings whose time to be revealed has obviously come (though this English translation comes seven years after the first publication in Spanish).

This book brims over with honesty, integrity and wisdom, and demonstrates an understanding of worldliness balanced by a child-of-the-universe type of innocence. Students of the world's spiritual traditions will find Chamalú's commitment to living shamanism as an artform and a meditation enlightening—and the photos of Peruvian and Bolivian sacred places breathtaking.

## PRODUCT

Reviewed by Duncan Roads

### QUANTRONIC RESONANCE SYSTEM

Price: AUD\$3,600.00

Available: **Australia**—NEXUS Magazine, PO Box 30, Mapleton Qld 4560, tel (07) 5442 9280, fax (07) 5442 9381;

**UK/Europe**—INNOLine/De Best BV, Loonsestraat 17, 5371 PJ, Ravenstein, The Netherlands, tel +31 (0)486 41 31 22, fax +31 (0)486 41 16 59; **USA**—INNOLine, 725 Jill Court, Des Plaines, IL 60018, tel (847) 364 5386, fax (847) 364 5386

The Quantronic Resonance System (QRS) has been extensively tested by leading European universities on thousands of people for over 20 years. The results are spectacular! It is currently being used by hundreds of practising medical doctors around the world, including dozens in Australia.

Basically, you lay on a mat (which has three pairs of coils inside) while an automatic control unit produces a pulsing magnetic field which penetrates the body without any harmful side-effects.

The effect is felt at a cellular level. From the entire energy produced by a cell, approximately 50 per cent is used for the development of the electric potential at the cell membrane. The cell needs this 70–90 millivolt (mV) potential to regulate the metabolism. If this power declines only slightly below 70 mV, the metabolism is already strongly impeded, leading to deficiency in energy and performance and premature cytolysis. Chronic diseases develop if this energy deficiency is concentrated in certain cell structures or organs.

Because the QRS's frequency pattern corresponds with man's biological window and, through resonance, bathes the organism with field intensities of between 0.15 and 15 mT (microtesla), each body cell suffering from energy deficits is addressed. Overdoses cannot take place because cells have their own regulation mechanism and only accept the energy supply they need.

So what does this all mean? Well, dramatically increased (up to 80 per cent) oxygenation of the body, for one thing, as well as increased blood circulation and increased calcium influx into the cells.

The testimonials from doctors alone indicate that the device is achieving spectacular results for patients. But, after two 8-minute sessions per day, I can personally attest to the Viagra-like effects resulting from increased oxygen in the blood! In fact, I was so impressed with the device that I bought one, and now sell them through the magazine. They really are *that* good!





# REVIEWS

## AUDIO

Reviewed by Richard Giles

### **ANKH: The Sound of Ancient Egypt** by Michael Atherton

Producer: Michael Atherton for Celestial Harmonies, USA, and the Australian Museum, Sydney, 1998 (62mins)  
Distributor: **Australia**—Festival Records, tel (02) 9395 8000; **USA**—Celestial Harmonies, tel (520) 326 4400

This is a most unusual and experimental album, one where Michael Atherton has successfully captured the sound of ancient Egyptian music using collections of instruments copied and deduced from paintings, drawings and inscriptions. Atherton goes into considerable detail on the sleeve notes about the background to the project. He was inspired by the Australian Museum's exhibition, "Life and Death in the Land of the Pharaohs", which toured Australia in 1998. *Ankh* is an exciting album with an array of extraordinary instruments and captivating vocals. A true collector's piece.

### **NAKED WATERS**

by Cathie Malach and Kim Rosen

Producer: Peter Kater for EarthSea Records, USA, 1998 (58mins)  
Distributor: **USA**—EarthSea Records, tel (540) 351 6191

Moving into uncharted areas is always challenging to one's preconceptions. Listening to Cathie Malach and Kim Rosen is an experience. They have combined their two voices—one speaking, one singing—to very challenging, powerful effect. Rosen has written for magazines like *Shaman's Drum*, runs music workshops, and founded the Interspecies Connection which brings humans and dolphins together. Malach was a pianist and actress when she met Rosen at a workshop; later, the two of them collaborated. Here, they work, as Malach says, "to shake people up" in "uncharted territory". Their album has the effect of combining music, healing, reflection and revelation.

### **RIPTIDE**

by Anam

Producer: Calum Malcolm for One World Music/Victor Ent., Japan, 1998 (48mins)  
Distributor: **Australia**—One World Music, tel (07) 3367 0788; **UK**—One World Music, tel 0198 678 1682

Anam is Brian Ó hEadra, Aimée Leonard, Treasa Harkin and Neil Davey, and *Riptide*, a collection of traditional tunes and their own compositions, launches them through the One World label out of the UK.

They have the ability to lift your spirits with steady, firm jigs and reels, and soften your mood with the rolling warmth of their lyrics. Their album will open your heart to the sounds of Celtic dance music and songs of loss and longing.

### **MAMBO YO YO**

by Ricardo Lemvo and Makina Loca

Producer: Niño Jesús Pérez for Putumayo World Music, USA, 1998 (44mins)  
Distributor: **Australia**—MRA Entertainment, tel (07) 3849 6020; **USA**—Putumayo Music, tel (212) 625 1400

The Afro-Latin sound of Makina Loca sends shivers up the spines of Cuban music aficionados. Congolese-born lead singer Ricardo Lemvo and the band have brought Congolese *rumba* and Cuban *son montuno* sounds and rhythms together in a synthesis full of soul and spirit. The resultant combination on their *Mambo Yo Yo* album is a beat for the feet—enough to make you throw in your day job and haunt the Cuban night spots for the next decade! This is very danceable, good-time music.

### **CIRCLE**

by Harvey Summers

Producer: Harvey Summers for Medium Moose Records, UK, 1997 (59mins)  
Distributor: **UK**—Medium Moose Records, tel +44 (0)1424 210101

Many tributes to Native American music and culture by non-indigenous musicians do not always work. This album by Harvey Summers overcomes these limits and, in conjuring up a magical, involving story, cuts straight to the core of Native American music. Enchanting vocals by Hannah Burchell weave a thread of ethereal magic through the whole album. With Paul Cheneour on flute, Phil Thornton on didgeridoo and Jon Ewen on percussion, *Circle* is an outstanding album worthy of a place in any ambient music collection.

